



Llwybrau Coety Uchaf

Coity Higher Routes

Llwybrau i Lesiant

Paths to Wellbeing

pathstowellbeing.ramblers.org.uk

Ramblers Cymru

Fel elusen gerdded arweinoli Cymru, mae Ramblers Cymru wedi ymroi i helpu pawb, ym mhob man, i fwynhau cerdded a diogelu y llyfdd rydyn ni i gyd wrth ein bodd yn cerdded.

Ein cenhadaeth yw rhoi cerdded wrth galon pob cymuned, amddiffyn y llyfdd rydyn ni i gyd yn mwynhau cerdded a gwella'r amgylchedd wrth greu Cymru wyrddach a mwy hygrych i bawb.

As Wales's leading walking charity, Ramblers Cymru is dedicated to helping everyone, everywhere, enjoy walking and protecting the places we all love to walk. Our mission is to put walking at the heart of every community, protect the places we all enjoy walking and improve the environment while creating a greener and more accessible Wales for everyone.

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Llwybrau i Lesiant

Rhoi cerdded wrth galon cymunedau

Gwella mynediad i natur yng Nghymru

Mae prosiect Llwybrau i Lesiant gan Ramblers Cymru yn enghraifft wych o sut mae'r Ramblers yn agory ffordd i bawb fwynhau pleserau syml cerdded ym myd natur. Mae'r prosiect yn rhoi cerdded wrth galon 18 o gymunedau ledled Cymru drwy roi'r offer a'r hyfforddiant iddynt wella natur a mynediad at gerdded yn eu hardaloedd lleol.

Rydym wedi rhoi'r offer a'r hyfforddiant rhad ac am ddim sydd eu hangen ar y cymunedau dethol i nodi a dylunio llwybrau cerdded newydd ac i wella llwybrau cyfredol.

Ynghyd â 22 o awdurdodau lleol, Ymddiriedolaethau Bywyd Gwylt Cymru a Coed Cadw, rydym hefyd wedi bod yn gwella'r amgylchedd lleol er mwyn



Paths to Wellbeing

Putting walking at the heart of communities

Improving access to nature in Wales

Ramblers Cymru's Paths to Wellbeing project is a great example of how the Ramblers open the way for everyone to enjoy the simple pleasures of walking in nature. The project puts walking at the heart of 18 communities across Wales by giving them the tools and training to improve nature and access to walking in their local areas.

We have provided the selected communities the tools and training needed to identify, design and improve new and existing walking routes.

Together with 22 local authorities, Wildlife Trusts Wales and Coed Cadw, the Woodland Trust in Wales, we have also been enhancing the local environment for nature to thrive. With activities



Dilynwch y nodwr llwybr hon pan allan yn cerdded ar unrhyw un o'r llwybrau yma.

I gael disgrifiadau llwybr manwl, ffeiliau GPX a llwybrau cymunedol ychwanegol, ewch i pathstowellbeing.ramblers.org.uk

Gall llwybrau gael eu heffeithio gan, rhwystrau, fod ar gau a dargyfeiriadau. Os nad ydych chi'n gallu parhau â'ch taith gerdded, ceisiwch ddod o hyd i lwybr arall neu ewch yn ôl ar eich camau. Rhowch wybod am unrhyw faterion i'ch awdurdod lleol.

Ap Ail-lenwi ar gael, cadwch olwg am y logo yn y siopau a'r caffis.



Follow this waymark when out walking on any of the included routes.

For detailed route descriptions, GPX files and additional community routes, please visit pathstowellbeing.ramblers.org.uk

Routes can be affected by path closures, blockages and diversions. If you find yourself unable to continue with your walk, please try to find an alternate route or retrace your steps. Report any issues to your local authority.

Refill App available, look out for the logo in the shops and cafes.



Wrth fwynhau'r teithiau cerdded hyn, cadwch at y Cod Cefn Gwlad.

Parchwch bawb


- Ystyriwch y gymuned leol a phobl eraill yn mwynhau'r awyr agored.
- Gadewch gatau ac eiddo fel y dewch o hyd iddynt a dilynwch y llwybrau oni bai bod mynediad lletach ar gael.

Gwarchod yr amgylchedd

- Peidiwch â gadael unrhyw olion o'ch ymweliad ac ewch â'ch sbwriel adref.
- Cadw cŵn o dan reolaeth effeithiol ac o fewn golwg. Gwnewch yn siŵr ei roi mewn bag a'i roi yn y bin.

Mwynhewch yr awyr agored

- Cynlluniwch ymlaen llaw a byddwch yn barod, gan ddilyn cyngor ac unrhyw arwyddion lleol.
- Mwynhewch eich ymweliad, mwynhewch, gwnewch atgof.



adventuresmart.uk

#MentranGall

Gofynnwch 3 chwestiwn i'ch hunan cyn i chi gychwyn:

Ydw i'n gwybod sut fydd y TYWYDD?
Oes gen i'r OFFER cywir?
Ydw i'n hyderus fod gen i'r WYBODAETH A'R SGILIAU ar gyfer y diwrnod?



Whilst enjoying these walks please abide by The Countryside Code.

Respect everyone

- Consider the local community and other people enjoying the outdoors.
- Leave gates and property as you find them and follow paths, unless wider access is available.

Protect the environment

- Leave no trace of your visit and take your litter home.
- Keep dogs under effective control and in sight. Make sure to bag it and bin it.

Enjoy the outdoors

- Plan ahead and be prepared, following advice and any local signs.
- Enjoy your visit, have fun, make a memory.



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#BeAdventureSmart

Ask yourself 3 questions before you set off:

Do I have the right GEAR?
Do I know what the WEATHER will be like?
Am I confident I have the KNOWLEDGE & SKILLS for the day?



Gweler y cefn i ddarganfod ein llwybrau cymunedol..

Coety Uchaf

Pentref ym Mwrdeistref Sirol Pen-y-bont ar Ogwr yw Coety, sy'n rhan o gymuned Coety Uchaf sydd hefyd yn cynnwys wardiau Llidiart a Phendre. Mae'r ardal yn nodedig am fod yn gartref i Gastell Coety, un o'r cestyll sydd wedi goroesi orau ym Morgannwg. Mae'r ardal leol hefyd yn gartref i chwe heneb gofrestrdig yn amrywio o Siambr Gladdu Coety i henebion diwydiannol, megis Gwaith Haearn Angleton. Ymhlith yr adeiladau eraill o bwys yn y pentref mae Eglwys Santes Fair, eglwys o'r 14eg ganrif a Thŷ Mawr, tŷ hardd o'r 16eg ganrif.

Mae'r ardal yn cynnig amrywiaeth eang o ddeithiau cerdded, o gefn gwlad bryniog, strydoedd trefol i ardaloedd mwy garw, gwyllt megis comin Coety Anglia, ynghyd â rhannau o Gylchdaith pellter hir Pen-y-bont ar Ogwr. Ym mentref Coety mae tafarn wych, ynghyd â mwynderau eraill yn yr ardal gymunedol ehangach.



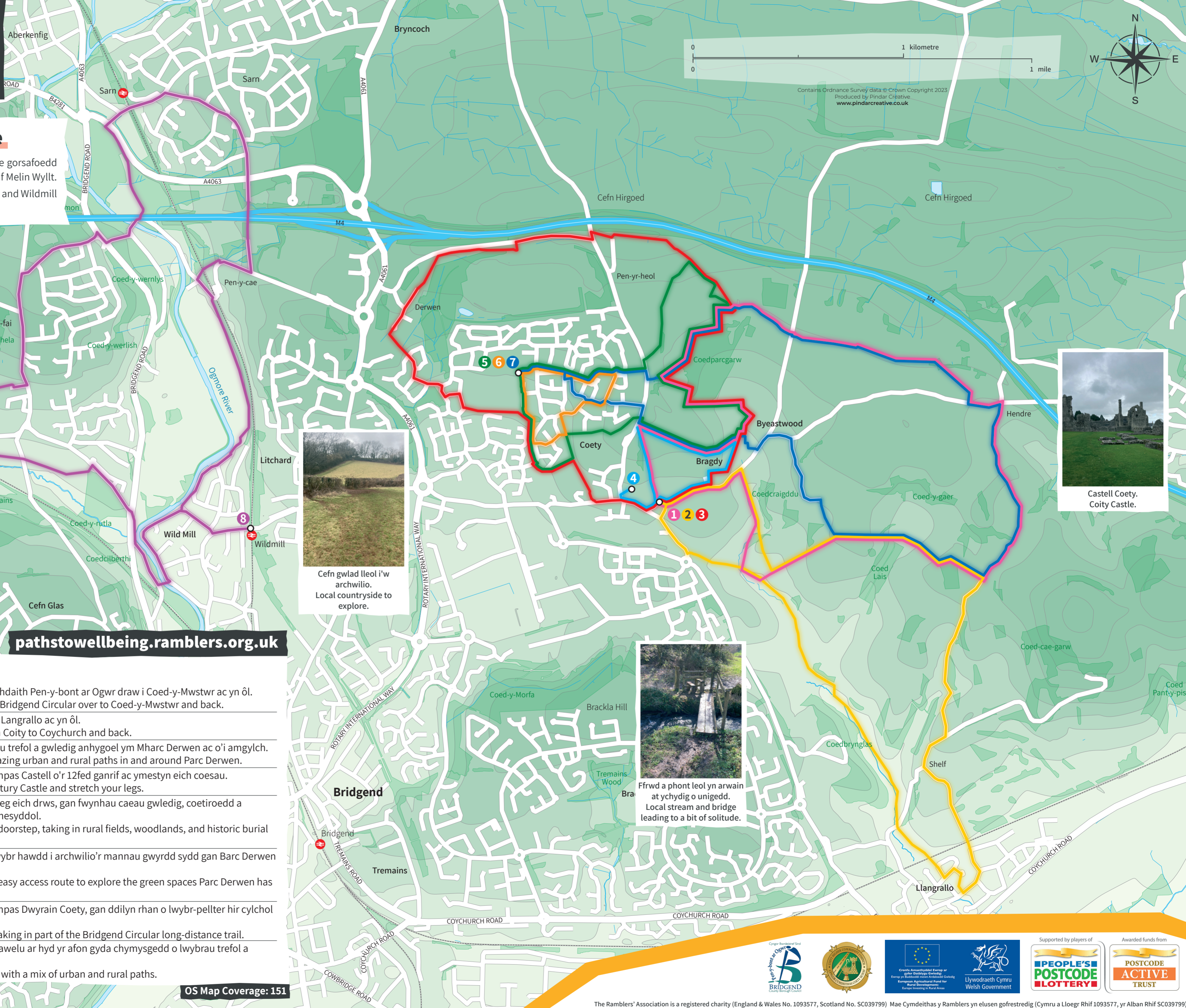

See reverse to discover our community routes...

Coity Higher

Coity is a village in Bridgend County Borough, forming part of the community of Coity Higher which also includes the wards of Litchard and Pendre. The area is notable for being home to Coity Castle, one of the best preserved castles in Glamorgan. The local area is also home to six scheduled monuments ranging from Coity Burial Chamber to industrial monuments such as Angleton Iron Works. Other buildings of note in the village include St.Mary's, a 14th-century church, and Tŷ Mawr, a fine 16th-century house.

The area offers wide ranging walking options from rolling countryside, urban streets to wilder rugged areas such as Coity Anglia common, along with sections of the long-distance Bridgend Circular. The village of Coity includes a fine pub, along with other amenities in the wider community area.





Cyrraedd yma | Getting here

Parcio ar y stryd ym Mhentref Coety a Pharc Derwen. Mae gorsafodded trên Sarn a Melin Wylt yn cysylltu â'n taith gerdded Gorsaf Melin Wylt. Street parking in Coity Village and Parc Derwen. Both Sarn and Wildmill train stations link into our Wildmill Station walk.



Afon Ogwr. Ogmore River.



Cefn gwlad lleol i'w archwilio. Local countryside to explore.



Castell Coety. Coity Castle.



Ffrwd a phont leol yn arwain at ychydig o unigedd. Local stream and bridge leading to a bit of solitude.



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Allwedd / Key

- 1 Coity Circular** 6.8 km Cerdded rhan o Gylchdaith Pen-y-bont ar Ogwr draw i Coed-y-Mwstwr ac yn ôl. Taking in part of the Bridgend Circular over to Coed-y-Mwstwr and back.
- 2 Nant Bryn Glas** 6.5 km Cylchdaith o Goety i Langrallo ac yn ôl. A circular route from Coity to Coychurch and back.
- 3 Parc Derwen Circular** 5.9 km Arddangos y llwybrau trefol a gwledig anhygoel ym Mharc Derwen ac o'i amgylch. Showcasing the amazing urban and rural paths in and around Parc Derwen.
- 4 Castle Adventure** 2.1 km Ewch i edrych o gwmpas Castell o'r 12fed ganrif ac ymestyn eich coesau. Explore the 12th century Castle and stretch your legs.
- 5 Parc Derwen Rural Ramble** 4.7 km Taith gerdded o garreg eich drws, gan fwynhau caeau gwledig, coetiroedd a siambrau claddu hanesyddol. A ramble from your doorstep, taking in rural fields, woodlands, and historic burial chambers.
- 6 Parc Derwen Disability Route** 1.6 km Dewch i fwynhau llwybr hawdd i archwilio'r manau gwyrdd sydd gan Parc Derwen i'w cynnig! Come and enjoy an easy access route to explore the green spaces Parc Derwen has to offer!
- 7 East Coity Circuit** 6.8 km Ewch i edrych o gwmpas Dwyrain Coety, gan ddilyn rhan o lwybr-pellter hir cylchol Pen-y-bont ar Ogwr. Explore East Coity, taking in part of the Bridgend Circular long-distance trail.
- 8 Wild Mill Station Walk** 8.2 km Taith gerdded i ymdawelu ar hyd yr afon gyda chymysgedd o lwybrau trefol a gwledig. A calming river walk with a mix of urban and rural paths.

OS Map Coverage: 151

