

**Llwybrau
Grysmwnt
Grosmont
Routes**



**Llwybrau i Lesiant
Paths to Wellbeing
pathstowellbeing.ramblers.org.uk**

Ramblers Cymru
Fel elusen gerdded arweiniol Cymru, mae Ramblers Cymru wedi ymroi i helpu pawb, ym mhob man, i fwynhau cerdded a diogelu y llefydd rydyn ni i gyd wrth ein bodd yn cerdded.
Ein cenhadaeth yw rhoi cerdded wrth galon pob cymuned, amddiffyn y llefydd rydyn ni i gyd yn mwynhau cerdded a gwella'r amgylchedd wrth greu Cymru wyrddach a mwy hygrych i bawb.

As Wales's leading walking charity, Ramblers Cymru is dedicated to helping everyone, everywhere, enjoy walking and protecting the places we all love to walk. Our mission is to put walking at the heart of every community, protect the places we all enjoy walking and improve the environment while creating a greener and more accessible Wales for everyone.

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The Ramblers' Association is a registered charity (England & Wales No. 1093577, Scotland No. SC039799)



Llwybrau i Lesiant
Rhoi cerdded wrth galon cymunedau
Gwella mynediad i natur yng Nghymru
Mae prosiect Llwybrau i Lesiant gan Ramblers Cymru yn enghraifft wych o sut mae'r Ramblers yn agory ffordd i bawb fwynhau pleserau syml cerdded ym myd natur. Mae'r prosiect yn rhoi cerdded wrth galon 18 o gymunedau ledled Cymru drwy roi'r offer a'r hyfforddiant iddynt wella natur a mynediad at gerdded yn eu hardaloedd lleol.
Rydym wedi rhoi'r offer a'r hyfforddiant rhad ac am ddim sydd eu hangen ar y cymunedau dethol i nodi a dylunio llwybrau cerdded newydd ac i wella llwybrau cyfredol.
Ynghyd â 22 o awdurdodau lleol, Ymddiriedolaethau Bywyd Gwylt Cymru a Coed Cadw, rydym hefyd wedi bod yn gwella'r amgylchedd lleol er mwyn



Paths to Wellbeing
Putting walking at the heart of communities
Improving access to nature in Wales
Ramblers Cymru's Paths to Wellbeing project is a great example of how the Ramblers open the way for everyone to enjoy the simple pleasures of walking in nature. The project puts walking at the heart of 18 communities across Wales by giving them the tools and training to improve nature and access to walking in their local areas.
We have provided the selected communities the tools and training needed to identify, design and improve new and existing walking routes.
Together with 22 local authorities, Wildlife Trusts Wales and Coed Cadw, the Woodland Trust in Wales, we have also been enhancing the local environment for nature to thrive. With activities



Dilynwch y nodwr llwybr hon pan allan yn cerdded ar unrhyw un o'r llwybrau yma.
I gael disgrifiadau llwybr manwl, ffeiliau GPX a llwybrau cymunedol ychwanegol, ewch i pathstowellbeing.ramblers.org.uk

Gall Llwybrau gael eu heffeithio gan, rhwystrau, fod ar gau a dargyfeiriadau. Os nad ydych chi'n gallu parhau â'ch taith gerdded, ceisiwch ddod o hyd i lwybr arall neu ewch yn ôl ar eich camau. Rhowch wybod am unrhyw faterion i'ch awdurdod lleol.

Ap Ail-lenwi ar gael, cadwch olwg am y logo yn y siopau a'r caffis.



Follow this waymark when out walking on any of the included routes.
For detailed route descriptions, GPX files and additional community routes, please visit pathstowellbeing.ramblers.org.uk

Routes can be affected by path closures, blockages and diversions. If you find yourself unable to continue with your walk, please try to find an alternate route or retrace your steps. Report any issues to your local authority.

Refill App available, look out for the logo in the shops and cafes.

The Countryside Code
RESPECT • PROTECT • ENJOY

Wrth fwynhau'r teithiau cerdded hyn, cadwch at y Cod Cefn Gwlad.

Parchwch bawb

- Ystyriwch y gymuned leol a phobl eraill yn mwynhau'r awyr agored.
- Gadewch gatau ac eiddo fel y dewch o hyd iddynt a dilynwch y llwybrau oni bai bod mynediad lletach ar gael.

Gwarchod yr amgylchedd

- Peidiwch â gadael unrhyw olion o'ch ymweliad ac ewch â'ch sbwriel adref.
- Cadw cŵn o dan reolaeth effeithiol ac o fewn golwg. Gwnewch yn siŵr ei roi mewn bag a'i roi yn y bin.

Mwynhewch yr awyr agored

- Cynlluniwch ymlaen llaw a byddwch yn barod, gan ddilyn cyngor ac unrhyw arwyddion lleol.
- Mwynhewch eich ymweliad, mwynhewch, gwnewch atgof.

adventuresmart.uk
#MentranGall
Gofynnwch 3 chwestiwn i'ch hunan cyn i chi gychwyn:
Ydw i'n gwybod sut fydd y TYWYDD?
Oes gen i'r OFFER cywir?
Ydw i'n hyderus fod gen i'r WYBODAETH A'R SGILIAU ar gyfer y diwrnod?

The Countryside Code
RESPECT • PROTECT • ENJOY

Whilst enjoying these walks please abide by The Countryside Code.

Respect everyone

- Consider the local community and other people enjoying the outdoors.
- Leave gates and property as you find them and follow paths, unless wider access is available.

Protect the environment

- Leave no trace of your visit and take your litter home.
- Keep dogs under effective control and in sight. Make sure to bag it and bin it.

Enjoy the outdoors

- Plan ahead and be prepared, following advice and any local signs.
- Enjoy your visit, have fun, make a memory.

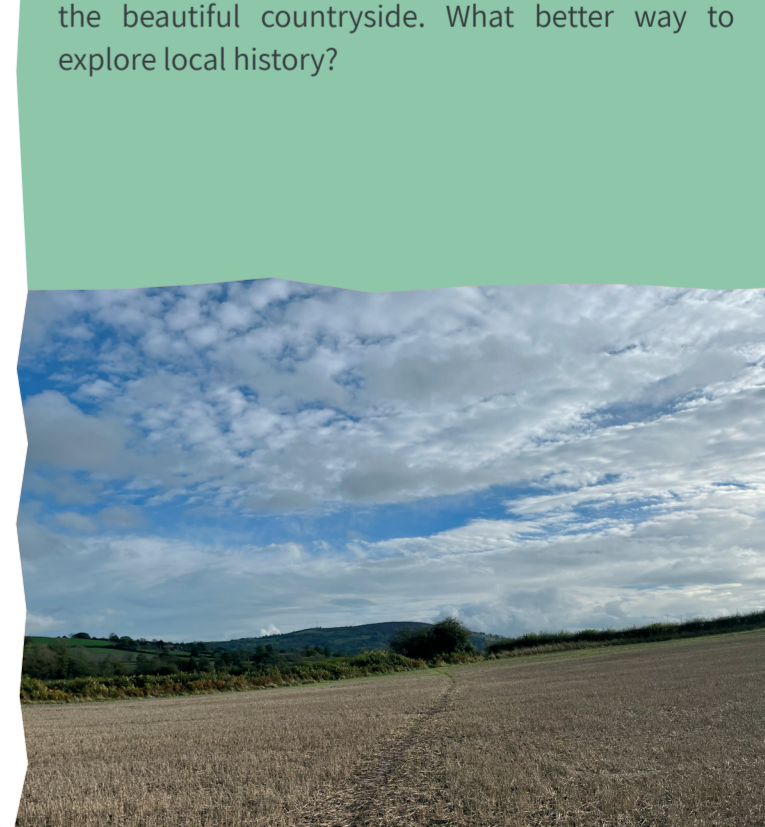
ADVENTURE SMART.uk

adventuresmart.uk
#BeAdventureSmart
Ask yourself 3 questions before you set off:
Do I have the right GEAR?
Do I know what the WEATHER will be like?
Am I confident I have the KNOWLEDGE & SKILLS for the day?

Grysmwnt
Wrth fynd drwy y Grysmwnt, pentref prydferth yn Sir Fynwy, deuir at fryniau hardd a thir amaethyddol yn ogystal â thirwedd llawn hanes. Mae gan Grysmwnt Gastell Normanaidd mawreddog (wedi'i leoli y tu ôl i chi), ac eglwys ysblennydd o'r 14eg ganrif (ar eich chwith). Gallwch gerdded yn syth o ganol y pentref ac yn ymestyn allan i bob cyfeiriad, gan ddilyn traciau hynafol wrth iddynt neidio drwy'r wlad hardd. Pa ffordd well o archwilio hanes lleol?



Grosmont
A picturesque village in Monmouthshire, Grosmont has access to beautiful hills and agricultural land as well as a landscape steeped in history. Grosmont boasts an imposing Norman Castle (located behind you), and a splendid 14th century church (located to your left). You can walk directly from the center of the village and branch out in all directions, often following ancient tracks as they field hop through the beautiful countryside. What better way to explore local history?



Cyrraedd yma | Getting here

Nid oes llawer o leoedd parcio ar hyd stryd ganolog (B4347) y Grysmwnt.
Parking is limited along the central street (B4347) in Grosmont.



Edrych allan tuag at Fynydd Pen-y-fâl. Looking out towards Sugar Loaf.

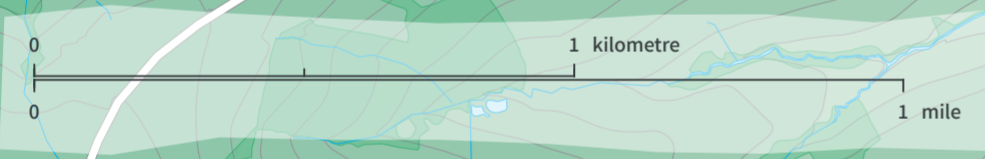


Edrych allan tuag at Aberhonddu. Looking out towards Brecon.

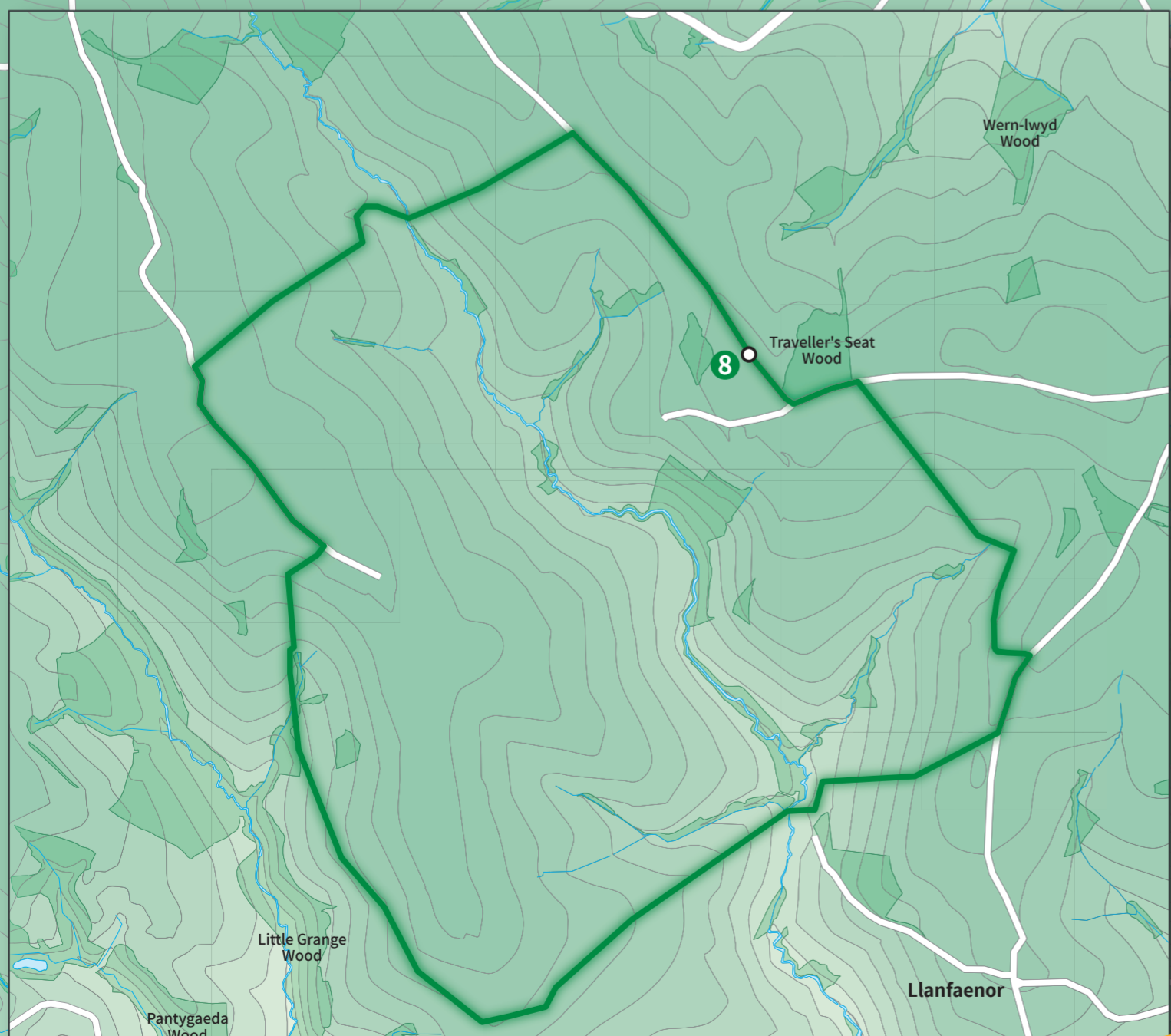
Allwedd / Key

- | | | | |
|---|----------------------|---------|---|
| 1 | Barns Farm Loop | 3.4 km | Taith gerdded fer gyda golygfeydd hyfryd tuag at Aberhonddu. A short walk with wonderful views out towards Brecon. |
| 2 | Castle Walk | 0.5 km | Taith hanesyddol o amgylch y castell. An historical stroll around the castle. |
| 3 | Kingsfield Route | 3.8 km | Taith gerdded trwy gaeau i Bont y Grysmwnt ac yn ôl. A walk through fields to Grosmont Bridge and back. |
| 4 | Valley Stroll | 5.0 km | Taith braf trwy gaeau y Grysmwnt. A pleasant walk through the fields of Grosmont. |
| 5 | Monnow River Walk | 6.1 km | Taith gerdded wledig ar hyd yr afon gyda golygfeydd o Fynydd Pen-y-fâl. A country walk along the river with views of Sugar Loaf Mountain. |
| 6 | Great Marlborough | 9.4 km | Taith hir drwy'r caeau o amgylch y Grysmwnt. A long walk through the fields surrounding Grosmont. |
| 7 | Edmunds Tump Walk | 10.4 km | Taith gerdded heriol i Graig Syfyrddin. A challenging hike up to Edmunds Tump. |
| 8 | Travellers Rest Wood | 6.7 km | Taith braf trwy gaeau a dyffrynnoedd Cross Ash. A pleasant walk through the fields and valleys of Cross Ash. |

OS Map Coverage: Explorer 189



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I lwybr 8
To route 8

